

Bakery	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Diet Fiber (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
BAGUETTE DEMI	20420600000	2 ounces	153	4	0	0	0	0	0	181	1	0	19	0	9	2
BANANA NUT MUFFIN	1420	1/2 muffin	242	125	19	14	2	0	38	178	1	13	20	2	23	1
BAR CARAMEL GRANNY APPLE	20413400000	1 piece	155	69	31	8	3	0	21	90	0	12	320	1	9	0
BAR LUSCIOUS LEMON	20416800000	1 piece	121	59	35	7	4	0	43	48	0	10	217	2	9	0
BAY CITY SRDGH SOUP BOWL	20039900000	1 bread	456	13	1	1	0	0	0	471	3	0	66	3	26	6
BROWNIE CARAMEL	20052800000	1 brownie	5606	2042	1151	227	128	16	527	1715	35	554	3976	0	427	43
BROWNIE CARAMEL PECAN	20052300000	1 brownie	850	432	148	48	16	1	74	175	7	53	600	0	77	6
BROWNIE CHOC DECADENCE	20052200000	1 brownie	645	236	132	26	15	1	74	188	4	57	560	0	60	5
BROWNIE COOKIES N CREME	20052400000	1 brownie	358	141	88	16	10	0	36	101	2	30	284	0	27	3
BROWNIE CREAM CHEESE	20478600000	1 brownie	683	274	141	30	16	3	70	176	4	63	657	0	51	5
BROWNIE FROSTED CHOCOLATE	20271100000	1 brownie	807	307	178	34	20	2	80	213	6	73	627	0	59	7
BROWNIE GERMAN JACKSON	20067600000	1 brownie	892	387	233	43	26	0	73	288	5	73	543	0	59	6
BROWNIE M&M	20052500000	1 brownie	906	349	204	39	23	2	83	226	6	86	672	0	82	7
BROWNIE PEANUT BUTTER	20053200000	1 brownie	875	382	174	42	19	1	80	300	7	63	627	0	70	7
BROWNIE PECAN CHOC	20053400000	1 brownie	716	336	139	37	15	0	73	154	6	47	583	0	65	6
BROWNIE SLTD CRML	20420700000	1 brownie	757	282	174	31	19	1	80	580	5	69	596	0	81	6
BROWNIE TURTLE	20052700000	1 brownie	783	332	142	37	16	1	75	212	6	64	577	0	72	6
CAKE SQUARE CARROT CAKE	20055900000	1 piece	504	237	59	26	7	1	57	443	3	43	73	0	7	10
CAKE SQUARE CHOC DECADENCE	20056200000	1 piece	314	108	43	12	5	1	20	369	2	35	0	0	27	2
CAKE SQUARE GERMAN CHOC	20067000000	1 slice	302	118	51	13	6	0	20	383	1	28	1	0	29	2
CAKE SQUARE ITALIAN CREME	20066900000	1 piece	375	218	82	24	9	1	70	284	1	3	109	0	44	1
CAKE SQUARE RED VELVET	20180300000	1 piece	362	144	52	16	6	1	36	362	1	38	135	0	35	2
CAKE SQUARE STRAWBERRY	20056000000	1 slice	248	102	32	11	4	0	37	275	0	23	61	0	25	1
CAKE SQUARE WHT BTTRCRM	20067100000	1 piece	289	106	35	12	4	0	20	334	1	30	0	0	27	1
CAKE SQUARE-COOKIES-N-CREME	20058400000	1 piece	244	88	34	10	4	0	20	354	1	23	0	0	27	2
CAKE TRUFFLE	20748300000	1 truffle	152	72	40	8	4	0	10	95	1	4	0	0	20	0
CAKE TRUFFLE LEMON	20937900000	1 piece	138	54	32	6	4	0	10	90	0	15	100	0	40	0
CAKE TRUFFLE RED VLVT	20193100000	1 piece	128	36	27	4	3	0	10	90	0	17	0	0	40	0
CAKE TRUFFLE SLTD CRML	20948700000	1 piece	129	45	32	5	4	0	10	90	0	16	0	0	20	0
CAKE TRUFFLE TRPL CHOC	20193200000	1 piece	147	63	41	7	5	0	10	90	1	15	0	0	20	1
CANNOLI	20126300000	1 piece	104	45	26	5	3	0	13	50	0	7	67	0	62	0
CHEESECAKE W/FRESH FRUIT	20742800000	1 piece	378	209	117	23	13	0	85	364	3	23	773	11	67	1
CHEESECAKE BLKBRY CB	20512600000	1 piece	346	198	126	22	14	0	65	310	1	18	750	1	40	0
CHEESECAKE CHOC TRUFFLE	20731600000	1 piece	667	394	214	44	24	0	119	476	1	44	3	2	82	0
CHEESECAKE ENROBED	20042700000	1 piece	565	319	161	35	18	2	87	372	3	41	780	0	76	1
CHEESECAKE GRAN MARINIER	20190500000	1 piece	642	356	214	40	24	0	99	535	4	40	0	0	79	1
CHEESECAKE PLAIN	20742400000	1 piece	360	207	117	23	13	0	85	361	2	21	752	0	60	1
CHEESECAKE TURTLE	20742500000	1 piece	479	296	128	33	14	0	85	372	3	26	762	0	70	1
CHOCOLATE CHIP MUFFIN	1421	1/2 muffin	227	100	31	11	3	0	32	171	1	17	2	0	19	1
COOKIE- AN FILLED SHORTBREAD	20480500000	1 cookie	198	92	5	10	6	0	24	132	0	13	293	0	0	1
COOKIE THUMBPRINT	20232400000	1 cookie	137	64	33	7	4	0	7	50	0	8	8	0	3	0
CREME BRULEE	20667100000	1 creme brulee	555	378	216	42	24	0	409	200	1	33	1999	3	83	1
CROISSANT LARGE BUTTER	20932900000	1 croissant	261	129	73	14	8	0	52	275	1	5	519	1	3	3
CUPCAKE FAIRY DBL CHOC	20394100000	1 cupcake	272	140	70	16	8	0	29	82	2	21	194	0	19	1
CUPCAKE FAIRY DSGN OF DAY	20283700000	1 cupcake	402	194	66	22	7	0	10	239	0	42	12	0	13	2
CUPCAKE FAIRY RD VLVT	20394000000	1 cupcake	348	182	104	20	12	0	43	173	1	24	385	0	39	1
CUPCAKE FAIRY VNLLA BN	20394200000	1 cupcake	318	160	107	18	12	0	59	178	0	37	395	0	39	1
CUPCAKE GIANT	20354000000	1 cupcake	419	147	70	16	8	2	39	446	2	53	48	0	35	2
DANISH ROLL	20695200000	1 danish	417	155	817	17	9	0	20	390	2	26	502	5	21	4
DONUT APPLE OVERLOAD FRITTER	20456400000	1 fritter	278	39	14	4	2	0	324	1	27	0	0	0	250	1
ECLAIR	20960300000	1/2 éclair	184	95	44	11	5	1	38	121	0	11	100	0	40	0
GIANT COOKIES-N-CREAM CUPCAKE	20399800000	1/2 cupcake	177	73	45	8	5	0	19	214	0	19	24	0	17	1
GIANT CUPCAKE CHS CHOC CUPCAKE	20410200000	1/2 cupcake	251	105	37	12	4	1	22	226	1	29	88	0	20	1
GIANT CUPCAKE CHS WHT CUPCAKE	20410300000	1/2 cupcake	249	107	36	12	4	1	22	217	0	29	87	0	20	0
GIANT CUPCAKE DBL DIP CHOC CC	20399600000	1/2 cupcake	266	123	42	14	5	1	20	218	1	28	31	0	21	1
GIANT DESIGN CELEBRATE CHOC CC	20410500000	1/2 cupcake	265	120	41	13	5	0	19	220	0	29	24	0	18	1
GIANT DESIGN CELEBRATE WHITE CC	20410600000	1/2 cupcake	262	122	40	14	4	0	19	211	0	28	23	0	19	0
GIANT FUDGE CHOC CC	20405600000	1/2 cupcake	210	74	35	8	4	1	19	223	1	27	24	0	17	1
GIANT FUDGE WHITE CC	20409400000	1/2 cupcake	262	122	40	14	4	0	19	211	0	28	23	0	19	0
GIANT GERMAN CHOC CUPCAKE	20410100000	1/2 cupcake	235	108	44	12	5	0	20	240	1	22	28	0	22	1
GIANT STRWBRRY WHT CUPCAKE	20410400000	1/2 cupcake	157	54	29	6	3	0	19	191	0	20	23	8	20	0
GOURMET CHEESECAKE CONE	20514000000	1 cone	602	361	172	40	19	0	30	361	1	43	301	0	80	1
IW BROWNIE BLONDIE	20478500000	1 brownie	483	202	78	22	9	0	78	288	1	42	417	0	111	2
IW BROWNIE FRSTED CHOC PECAN	20271200000	1 brownie	963	480	177	53	20	2	73	198	8	68	595	0	75	7
IW BROWNIE HEAVENLY HASH	20052600000	1 brownie	787	391	132	43	15	0	66	145	7	51	532	0	68	6

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<b>Bakery Cont.</b>																
MINI CHOC HAZLENU	20914000000	1	201	117	41	13	5	1	45	90	1	11	100	0	40	1
MINI ESPRESSO VINO	20312700000	1 piece	225	117	54	13	6	0	45	170	1	16	200	1	40	0
MINI RASPBRY BAVARIAN	20915000000	1 piece	214	90	41	10	5	0	25	140	1	21	200	2	20	0
MOMS CHOC CAKE SQUARE	20038800000	1 piece	440	190	104	21	12	0	66	112	2	39	574	0	38	2
MOMS STRW CAKE SQUARE	20298500000	1 piece	366	130	47	14	5	0	70	248	0	46	192	8	36	1
MS BANANA NUT MUFFIN	28412	1/2 muffin	285	169	30	19	3	0	49	299	1	13	59	0	55	1
MS BLUEBERRY MUFFIN	28406	1/2 muffin	230	117	24	13	3	0	46	286	1	14	55	0	45	1
MS CHOCOLATE CHIP MUFFIN	28407	1/2 muffin	294	150	45	17	5	0	46	278	1	21	60	0	48	1
MS CINNAMON CHIP MUFFIN	2760	1/2 muffin	299	147	51	16	6	0	47	286	1	24	56	0	68	1
MS CRANBERRY MUFFIN	28408	1/2 muffin	221	113	23	13	3	0	45	270	1	13	53	3	44	1
MS HATCH CHILE MUFFIN	1418	1/2 muffin	216	112	23	12	3	0	44	273	1	13	80	4	44	1
MS LEMON POPPY SEED MUFFIN	28414	1/2 muffin	266	140	28	16	3	0	54	333	1	15	64	0	65	1
MS OLD FASHION PECAN MUFFIN	28416	1/2 muffin	262	152	37	17	4	0	53	299	1	14	137	0	62	1
MS PUMPKIN MUFFIN	28351	1/2 muffin	248	126	26	14	3	0	49	305	1	14	974	0	64	1
MS RAISIN BRAN MUFFIN	28349	1/2 muffin	196	66	41	7	5	0	13	176	1	22	86	0	16	3
MS WHITE CHOC APRICOT MUFFIN	28411	1/2 muffin	261	123	33	14	4	0	43	264	2	21	54	0	52	1
MS ZUCCHINI MUFFIN	28350	1/2 muffin	211	108	23	12	3	0	42	263	1	13	845	4	45	1
MUFFIN CINNAMON CHIP	1419	1/2 Muffin	221	95	27	11	3	0	32	179	0	16	0	0	19	1
ROLL BAY CITY	20479200000	1 roll	189	5	0	1	0	0	0	197	1	0	20	1	11	2
ROLL CIABATTA	20050600000	1 roll	230	11	1	1	0	0	0	254	1	0	46	0	13	3
ROLL GOOD N GRAINY	20050800000	1 roll	259	24	1	3	0	0	0	268	5	2	4	1	18	3
ROLL PETIT PAIN WHITE	20479300000	1 roll	218	6	0	1	0	0	0	257	1	0	26	0	12	3
SLICE ALMOND CREAM CAKE	20689900000	1 slice	517	270	149	30	17	0	68	421	0	41	751	0	60	1
SLICE FLOURLESS CHOC CAKE	20482800000	1 piece	362	231	133	26	15	0	84	123	2	23	494	0	40	2
SLICE OREO COOKIE BASH	20482700000	1 piece	619	382	204	42	23	0	99	286	3	36	987	0	99	3
SLICE SNICKERS BAR	20482600000	1 piece	291	175	87	19	10	0	44	185	1	16	389	0	58	1
SMMRBRRY STCK	20512700000	1 piece	285	161	90	18	10	0	55	129	1	20	498	2	20	1
STACK CHOC PEANUTBUTTER	20416900000	3 ounces	397	230	115	26	13	0	52	128	2	27	368	1	49	1
STRAWBERRY CHOC DIP	20961000000	1 strawberry	127	73	43	8	5	0	0	17	1	11	2	17	12	1
TART FRESH FRUIT	20950900000	1 slice	206	75	41	8	5	0	17	144	2	16	117	20	59	0
TART FRESH FRUIT 4.5	20667000000	1 piece	216	55	40	6	4	0	4	126	2	18	149	21	73	0
TART FRESH FRUIT MINI	20666900000	1 tart	87	28	19	3	2	0	1	46	1	10	54	8	29	0
TAYLOR-MADE CINNAMON ROLL	20480000000	1 roll	342	105	45	12	5	1	6	445	2	25	202	0	40	1
TEXAS BROWNIES	20053500000	1 brownie	729	329	145	37	16	1	77	220	5	65	636	0	85	5
TWIRL ROLL	20281700000	1 roll	508	165	81	18	9	0	0	1031	3	38	6	1	316	3

## Deli/Food Service

16" PORTABELLA PIZZA	20492100000	1/8 pizza	472	201	84	22	9	0	43	753	2	3	574	35	343	1
16" BBQ CHK PIZZA	20491600000	1/8 pizza	522	208	103	23	11	0	57	1215	2	4	1390	2	396	1
16" GRN CHILE CHICKEN PIZZA	20492000000	1/8 pizza	494	219	96	24	11	0	49	1026	2	3	326	11	321	1
16" MARGERITA PIZZA	20491400000	1/8 pizza	244	69	34	8	4	0	19	673	2	3	943	11	104	1
16" MEDITERRANEAN VEGGIE PIZZA	20491800000	1/8 pizza	472	198	73	22	8	0	33	1025	3	4	1211	31	315	1
3 PEPPER QUESO LB	20468400000	2 oz.	123	82	46	9	5	0	30	425	0	2	385	6	0	0
4OZ GRAVY	20657400000	4 oz.	107	61	20	7	2	3	0	590	0	2	0	0	0	1
ADOBO PANINI	20061700000	1/2 panini	298	211	83	23	9	0	58	726	2	1	1139	5	259	1
ALB BANANA PUDDING SC	20926500000	3 oz.	109	35	12	4	1	0	0	105	0	10	0	0	26	0
ALB BUFFALO CHK PASTA SALAD SC	20961400000	4 oz.	223	133	36	15	4	0	34	692	1	1	227	0	45	1
ALB CHEDDAR PASTA SALAD SC	20688400000	4 oz.	229	108	32	12	4	0	20	241	1	0	753	21	80	1
ALB COLE SLAW SC	20959600000	4 oz.	108	49	9	5	1	0	2	161	2	11	833	33	44	0
ALB ELBOW MACARONI SALAD SC	20991900000	4 oz.	267	114	19	13	2	0	17	567	1	10	339	3	0	1
ALB FRUIT/NUT CHK SALAD SC	20508900000	4 oz.	236	131	29	15	3	0	49	236	1	3	340	1	21	1
ALB GOURMET EGG SALAD SC	20926800000	4 oz.	257	194	46	22	5	0	369	420	0	2	113	0	23	1
ALB GREEK VEGETABLE SALAD SC	20959700000		268	145	20	16	2	0	0	2046	8	8	1261	16	286	9
ALB KRAB SALAD SC	20932600000	4 oz.	209	163	31	18	3	0	17	816	0	5	397	5	79	0
ALB LOADED BKD POT SALAD SC	20985100000	4 oz.	253	146	44	16	5	0	24	608	2	0	162	5	81	1
ALB SEAFOOD SLD W/SHRIMP SC	20958500000	4 oz.	209	163	31	18	3	0	17	816	0	5	397	5	79	0
ALB TUNA SALAD SC	20922200000	3 oz.	149	68	10	8	1	0	15	580	1	6	75	30	1	1
ALB ZESTY ROTINI SALAD SC	20929400000	4 oz.	189	108	18	12	2	0	15	492	2	3	401	12	20	1
AMBROSIA SALAD	20744600000	4 oz.	266	124	35	14	4	0	0	21	2	16	61	13	10	1
APPL WALDORF SALAD SC	20921800000	2 oz.	73	41	9	5	1	0	3	45	1	6	50	3	10	0
APRICOT WALNUT BRIE	20361500000	4 oz.	365	215	101	24	11	0	35	491	2	20	484	0	367	1
ASIAN GARLIC BROCCOLINI	20391600000	4 oz.	99	45	6	5	1	0	0	205	4	2	311	89	37	1
ASPARAGUS & PPR SAUTE	20343600000	4 oz.	66	43	9	5	1	0	6	373	2	3	1564	47	40	1
ASPARAGUS TOMATO SALAD	3580	2 oz.	29	14	2	2	0	0	0	109	1	2	355	4	10	1

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AUTUMN ROASTED VEGETABLES	20126400000	4 oz.	77	7	1	1	0	0	0	7	1	1	5652	17	33	1
BACON CHEESE EGG CROISNT	20846800000	1 croissant	801	517	247	57	27	0	290	1809	2	6	1280	3	159	5
BACON EGG CHS BISCUIT	20885200000	1 sandwich	651	310	115	34	13	7	258	1774	1	4	563	0	149	3
BACON/EGG/CHEESE BURRITO	20877100000	1 burrtio	694	420	187	47	21	0	362	1901	1	0	620	0	262	3
BACON/EGG/POTATO/CHS BURRITO	20043800000	1 burrito	22	11	5	1	1	0	15	53	0	0	26	0	10	0
BACON/POTATO/CHEESE BURRITO	20043700000	8 oz.	758	444	214	49	24	0	118	1864	2	0	608	0	405	2
BAJA TURKEY PANINI	20061400000	1 panini	662	399	184	44	20	0	146	2443	5	6	1342	30	495	3
BAKED BLUE CHEESE GRITS	20446600000	4 oz.	169	96	54	11	6	0	81	246	1	1	363	15	64	1
BAKED MAC/BLEU CHEESE	20524700000	3 oz.	211	127	80	14	9	0	52	647	0	2	700	1	219	1
BARBACOA LB	20822800000	4 oz.	301	225	90	25	10	0	80	235	0	0	1	1	26	0
BAR-B-QUE SPUDS	20859200000	1 potato	887	388	165	43	18	0	105	1331	7	15	966	27	463	4
BATTERED POTATO WEDGES	20838000000	4 oz.	276	181	29	20	3	0	0	508	2	0	0	6	0	1
BBQ CHK FLATBREAD PIZZA	20491500000	1/4 pizza	346	168	97	19	11	0	48	978	1	3	1249	2	407	2
BBQ CORN ON THE COB	20290200000	1 cob	204	83	36	9	4	0	0	405	2	5	574	5	16	1
BBQ SUPER SPUDS-DBL	20005300000	1 potato	1636	693	316	77	35	0	210	2603	12	22	1866	46	894	8
BBQ SWEET SPUD	20397000000	1 potato	954	391	165	43	18	0	105	1549	8	13	966	26	557	6
BBQ SWEET SUPER SPUD	20410800000	2 ounces	144	9	2	1	0	0	0	295	1	1	0	1	0	3
BCN,TOM & WHT CHED PANINI	20101900000	1 sandwich	890	498	172	55	19	0	101	1255	5	10	1179	16	361	4
BEEF FAJITA WRAPS	20613300000	1/2 Burrito	283	179	80	20	9	0	58	980	1	2	794	29	232	2
BEEF TAMALES 6PK HOT	20388500000	2 Tamales	348	180	45	20	5	0	40	700	0	0	800	0	12	3
BISCUIT	20585900000	1 biscuit	378	145	36	16	4	8	0	1205	1	5	0	0	20	2
BISCUIT & GRAVY	20064600000	1 biscuit	435	169	47	19	5	9	0	1430	1	5	1	0	20	3
BISCUIT W/SAUSAGE GRAVY	20813400000	1 biscuit	528	267	81	30	9	8	35	1561	1	5	2	0	17	3
BLK FRST HAM RSBRY BRIE EN CROUTE	20361800000	3 oz.	239	147	81	16	9	2	37	484	1	1	299	0	176	0
BLEU CHA WLNT CRAISIN CHS BALL	20361300000	2 oz.	222	175	90	19	10	0	45	329	1	2	491	0	142	0
BLK-EYED PEAS 16OZ	20486800000	4 oz.	110	9	0	1	0	0	2	413	4	0	0	0	35	1
BLT W/CHEDDAR SANDWICH	20428400000	1 sandwich	1110	666	239	74	27	0	139	2175	8	19	2349	13	575	3
BONE IN BBQ WINGS COLD	20970100000	4 oz.	271	159	38	18	4	0	55	518	0	9	199	0	0	1
BONE IN BUFFALO	20364900000	1 wing	114	74	16	8	2	0	26	292	0	0	87	0	0	0
BONE IN HONEY BBQ	20364800000	1 wing	119	70	16	8	2	0	24	227	0	4	87	0	0	0
BONE IN INFERNO WINGS HOT	20638400000	1 wing	115	86	18	10	2	0	34	210	0	0	0	0	0	0
BONE IN WINGS HOT & SPICY HOT	20305500000	1 wing	105	60	16	7	2	0	43	238	1	0	0	0	0	0
BONELESS WINGS BBQ HOT	20414700000	1 wing	90	48	8	5	1	0	10	352	0	0	0	0	0	0
BONELESS WINGS BUFFALO HOT	20612000000	1 wing	96	57	10	6	1	0	10	345	0	0	0	0	0	0
BOURSIN STUFFED MUSHROOM PLAT	20498500000	1 each	75	52	34	6	4	0	14	105	1	1	140	1	19	0
BRAISED COLLARD GREENS	20125900000	4 oz.	61	20	0	2	0	0	6	622	2	0	3955	17	113	1
BRAISED SPINACH	20340000000	4 oz.	101	51	6	6	1	0	0	130	3	0	4322	18	124	2
BRAZILIAN STEAK W/CHIMICHURRI	20417000000	6 oz.	371	211	54	23	6	0	61	460	1	1	111	5	30	3
BREADED CHICKEN GIZZARDS LB	20819300000	4 oz.	343	223	32	25	4	0	140	533	1	0	90	1	18	2
BREADED CHICKEN LIVERS LB	20819200000	1/4 lb.	347	231	36	26	4	0	203	533	1	0	6328	11	18	6
BREAKFAST TORTA	20359500000	1 torta	406	223	41	25	5	0	401	1929	5	8	1062	7	136	3
BRIE EN CROUTE	20362200000	3 oz.	270	164	80	18	9	2	30	353	1	5	295	0	177	0
BRISKET BURRITO	20688700000	1 burrito	580	287	132	32	15	0	250	1299	2	0	648	0	242	4
BROC/CRT/SGR SNP TRY W/HUMS 8OZ	22463700000	1 container	239	105	14	12	2	0	0	341	10	8	15325	91	101	3
BROCCOLI CRAISIN SALAD	20431700000	2 oz.	226	195	29	22	3	0	14	179	1	2	93	17	14	0
BROCCOLI CRNCH SALAD	20963400000	4 oz.	218	117	23	13	3	0	10	301	2	15	1505	48	40	1
BROWN RICE W/MUSHROOMS	20018400000	4 oz.	129	34	5	4	1	0	0	518	1	0	148	1	2	0
BRUSSEL SPROUTS W/PECANS	20368700000	4 oz.	178	130	16	14	2	0	0	124	6	0	730	60	280	1
BUTTERED PASTA	20499100000	4 oz.	266	86	14	10	2	0	0	127	2	1	91	0	1	2
BUTTERMILK PECAN CHICKEN	20390500000	8 oz.	341	102	15	11	2	0	90	308	2	6	134	3	150	2
CAESAR PENNE SALAD	20079600000	4 oz.	4155	2776	572	308	64	0	454	12337	18	18	18143	327	1814	13
CAESAR SALAD MED	20865400000	1 salad	480	329	69	37	8	0	37	1214	2	1	6189	25	285	1
CAESAR SALAD W/CHICKEN MED	20592400000	1 salad	511	296	92	33	10	0	87	1526	2	2	6646	27	492	1
CAJUN SALMON	20969100000	6 oz.	305	178	34	20	4	0	94	306	0	0	433	7	21	1
CALZONES	20847300000	1/2 Calzone	921	452	158	50	18	0	101	2146	4	5	1195	6	445	5
CANTALOUPE CUT W/TAJIN 8OZ	25591400000	1 container	127	5	1	1	0	0	0	1869	3	22	9584	153	26	1
CAPRESE PANINI	20061600000	1/2 panini	333	155	69	17	8	0	31	479	4	3	782	30	303	1
CAPRESE STACK	20343400000	1 stack	402	283	128	31	14	0	67	74	1	3	2117	90	347	1
CARNE GUISADA LB	20458500000	4 oz.	229	72	27	8	3	0	70	602	1	2	753	9	2	4
CARNITAS LB	20822700000	8 oz.	334	161	55	18	6	0	151	832	0	0	23	3	57	3
CARROT & RAISIN SALAD	20695300000	3 oz.	124	73	10	8	1	0	7	200	1	9	998	4	15	0
CARROT SOUFFLE	20108900000	4 oz.	233	84	12	9	1	2	60	253	3	20	9971	2	133	1
CATALINA VEGGIES 16OZ	20487600000	4 oz.	36	9	2	1	0	0	0	78	2	2	120	20	23	1
CF SWEET SPUD	20397200000	1 potato	666	212	103	24	11	0	98	875	7	3	1078	108	518	5
CHARRA BEANS	20054800000	4 oz.	97	6	1	1	0	0	0	49	4	1	97	4	38	1

Deli/Food Service Cont.	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Diet Fiber (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
CHEDDAR BACON BURGER	20632500000	1 burger	1136	705	273	78	30	0	222	1715	2	15	1612	5	380	6
CHEDDAR POTATO CAKES	20446100000	1 cake	112	47	24	5	3	0	42	378	1	0	248	2	106	1
CHEESE PIZZA	20824700000	1/8 Pizza	439	172	81	19	9	0	43	788	2	2	612	1	391	1
CHEESY HASH BROWN CASSEROLE	20623100000	4 oz.	236	159	90	18	10	1	52	471	1	3	610	3	196	0
CHERRY CHIFFON DESSERT	3638	2 oz.	161	73	52	8	6	0	3	30	0	19	92	2	25	0
CHICKEN & CHEESE CRISPITO	20815000000	1 crispito	256	149	30	17	3	0	13	241	1	3	0	0	69	1
CHICKEN FAJITA SPUDS	20859300000	1 potato	599	209	103	23	11	0	98	657	6	5	1078	109	425	3
CHICKEN PARMESAN	20387500000	1 Breast	490	259	116	29	13	0	95	1358	2	5	4802	22	564	2
CHICKEN SALAD SNACKER	20625400000	1 sandwich	318	206	56	23	6	0	39	266	0	4	761	3	10	2
CHICKEN SLIDERS W/MED DRINK	20467800000	4 sandwiches	858	359	147	40	16	0	173	1627	5	27	389	8	204	4
CHICKEN TENDER LB	20635300000	1 Tender	143	44	5	5	1	0	38	663	0	0	3	0	2	1
CHILE & QUESO PORK TNDRLN	20121500000	6 oz.	449	296	134	33	15	0	111	1024	1	5	260	9	22	2
CHILE CON QUESO	20442600000	2 oz.	156	118	77	13	9	0	37	484	0	1	262	1	21	0
CHIPOTLE SEARED FLANK STK	20497300000	6 oz.	304	102	42	11	5	0	75	308	0	0	2	1	4	1
CHK BRUSCHETTA SNDWCH	20467400000	1 sandwich	695	322	122	36	14	0	115	1724	2	4	1182	92	158	4
CHKN FAJITA SUPER SPUD-DBL	20005400000	1 potato	1197	419	207	47	23	0	196	1315	12	10	2157	219	850	6
CHKN TOMATILLO TAMALES 6PK HOT	20072300000	2 Tamales	284	108	18	12	2	0	40	660	4	14	600	2	200	2
CHOPPED BBQ BEEF	20813700000	4 oz.	288	165	70	18	8	0	53	878	1	4	300	1	21	1
CHOPPED BRISKET	20076400000	1/3 lb.	358	184	78	20	9	0	59	1188	2	7	389	2	35	2
CHS TAMALES 6PK-HOT	20271800000	1 Tamale	210	126	54	14	6	0	26	268	1	4	200	2	200	1
GILANTRO-LME CORN ON THE COB	20343700000	1 ear	558	306	101	34	11	0	0	473	7	9	1416	16	3	7
CLASSIC CHICKEN SALAD	20626000000	4 oz.	341	265	39	29	4	0	57	225	0	1	68	1	15	1
CLASSIC TUNA SALAD	20961900000	3 oz.	103	38	4	4	0	0	29	645	0	2	32	0	3	0
CNTRY FRD SWT SPD	20397100000	1 potato	732	255	116	28	13	3	81	1546	5	2	609	16	500	6
COC A LA CARTE EGG BEATERS	20195500000	5 oz.	80	11	2	1	0	0	0	289	0	2	9	0	0	0
COC A LA CARTE REFRD BEANS	20195700000	4 oz.	209	52	10	6	1	0	2	732	4	0	179	4	67	3
COC ANCHO CORN CAKES	20086600000	1 each	360	197	93	22	10	0	99	332	4	4	1383	17	66	2
COC ANTIPASTO SKEWERS	20087200000	1 Skewer	280	195	97	22	11	0	67	869	1	1	1590	7	25	1
COC AVOCADO/TOM BOX LUNCH	20188300000	1 sandwich	695	374	91	42	10	0	32	322	14	6	5627	42	88	4
COC BACON (12)	20085900000	2 slices	79	63	27	7	3	0	15	260	0	0	0	0	0	0
COC BISCUITS	20086000000	1 biscuit	378	145	36	16	4	8	0	1205	1	5	0	0	20	2
COC BKFST BCN/GRN CHILI PZZA	20835600000	1 slice	405	149	58	17	6	0	97	845	2	2	232	7	159	1
COC BRKFST POTATOES (12)	20086100000	4 oz.	107	4	1	0	0	0	0	44	3	0	207	6	3	1
COC BRKFST SAUSAGE (12)	20085800000	1 patty	342	273	91	30	10	0	81	719	0	0	101	0	0	1
COC BRKFST SAUSAGE/PICO PIZZA	20835800000	1 slice	425	159	56	18	6	0	105	809	2	2	362	8	160	2
COC BRKFST SPANISH OMELET PIZZA	20085600000	1 slice	437	159	73	18	8	0	103	783	3	4	789	17	358	1
COC CAESAR SALAD	20436700000	4 oz.	289	216	48	24	5	0	26	714	1	1	3360	14	196	1
COC CHIPOTLE BBQ MEATBALLS	20284300000	2 meatballs	237	116	42	13	5	0	34	695	2	5	399	2	49	1
COC CITRUS CHILE TURKEY MTBALLS	20196100000	2 meatballs	238	138	25	15	3	0	36	1451	1	6	215	7	14	1
COC CLSC CHK SALAD BOX LUNCH	20188500000	1 sandwich	609	293	40	33	4	0	57	736	7	9	2640	13	151	3
COC DEVILED EGGS	20086900000	1 deviled egg	87	69	18	8	2	0	117	119	0	0	191	0	24	0
COC FRIED COBB SALAD	20121600000	7 oz.	387	267	80	30	9	0	140	1069	2	5	1083	12	199	2
COC FRUIT SKEWERS	20197500000	1 skewer	58	3	0	0	0	0	0	10	2	10	996	59	17	0
COC GLAZED CCKTL SNDWCHS	20196700000	1 sandwich	323	173	88	19	10	0	37	482	1	10	658	0	157	0
COC GREEK SALAD	20121800000	4.5 oz.	149	110	24	12	3	0	5	690	2	4	3422	24	34	1
COC GRILLED COBB SALAD	20121700000	7 oz.	388	272	82	30	9	0	144	1028	2	5	1098	12	201	1
COC GRN CHILE TRKY SLIDER	20196500000	1 slider	325	169	46	19	5	0	49	610	2	4	193	5	166	2
COC HAM SWISS BOX LUNCH	20438500000	1 sandwich	747	443	181	49	20	1	56	636	4	15	1715	28	323	12
COC ITALIAN TURKEY MEATBALLS	20196000000	2 meatballs	193	96	28	11	3	0	36	545	2	6	2483	15	41	2
COC MASCARPONE STRAWBERRIES	20197900000	1 berry	129	82	53	9	6	0	24	31	1	7	277	33	23	0
COC MEATBALLS	20086500000	1 meatball	250	165	67	18	7	0	37	746	2	5	2284	14	143	1
COC MS MIGAS	20195400000	7 oz.	296	190	59	21	7	0	380	637	1	0	881	10	198	2
COC MS SAUSAGE BALLS	20196600000	1 ball	178	135	51	15	6	0	40	391	0	0	103	0	31	1
COC PROSCUITTO WRAPPED ASPAR	20197600000	1 spear	30	13	4	1	0	0	12	271	1	1	260	2	0	1
COC RASPBERRY BRIE CUPS	20196800000	1 ea.	56	26	11	3	1	0	4	67	0	3	52	0	42	0
COC RST BF CHDR BOX LUNCH	20438600000	1 sandwich	673	340	97	38	11	0	103	1309	4	6	3428	30	194	5
COC SAUSAGE STUFF MUSHROOMS	20086400000	1 mushroom	108	74	26	8	3	0	26	617	1	1	78	6	62	1
COC SCRAMBLED EGGS (12)	20085700000	5 oz.	180	104	32	12	4	0	485	414	0	0	559	0	105	2
COC SHRIMP & CRAB PUFFS	20196900000	1 ea.	114	66	22	7	2	0	16	254	0	2	103	0	42	0
COC SMKD GOUDA BF SLIDERS	20196300000	1 slider	391	233	73	26	8	0	57	499	2	5	117	2	108	2
COC SPINACH SALAD	20121900000	4.5 oz.	271	170	54	19	6	0	106	1035	1	10	2956	12	96	2
COC SWT CHILE MTBALLS	20196200000	2 meatballs	308	115	42	13	5	0	34	616	1	30	356	2	28	1
COC TENDER MELT SLIDERS	20196400000	1 slider	305	138	53	15	6	0	59	709	1	7	209	0	136	1
COC TEQUILA BBQ SHRIMP	20086800000	1 shrimp	212	123	51	14	6	0	88	651	2	3	371	20	28	1
COC TOSSED SALAD	20121300000	4 oz.	192	162	27	18	3	0	12	170	1	3	625	7	48	1



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COC TUNA SANDWICH BOX LUNCH	20188400000	1 sandwich	431	112	6	12	1	0	39	920	4	3	60	13	44	7
COC TURKEY HAVARTI BOX LUNCH	20438400000	1 sandwich	510	182	25	20	3	0	10	809	4	3	606	38	33	10
COCONUT CHICKEN	20594700000	8 oz.	501	217	9	24	1	0	73	693	6	0	47	2	21	3
COLE SLAW	20610000000	4 oz.	108	49	9	5	1	0	2	160	2	11	830	33	44	0
COUNTRY SPUDS	20859100000	1 potato	665	252	116	28	13	3	81	1329	4	4	609	18	406	4
COUNTRY SUPER SPUDS-DBL	20005200000	1 potato	1276	473	221	53	25	5	162	2362	8	7	1218	36	812	7
COWBOY BEANS	20448300000	4 oz.	164	43	17	5	2	0	12	614	3	15	185	0	29	1
COWBOY QUESADILLA	20497800000	1/2 quesadilla	486	293	156	33	17	0	94	1088	1	3	966	8	298	1
CRAB & SPINACH STUFFED MUSHRMS	20391100000	2 Mushrooms	67	32	19	4	2	0	19	200	1	1	882	4	117	1
CRABE CAKE	20447000000	1 cake	195	53	12	6	1	0	68	437	2	2	621	17	150	2
CROISSANT SNACKER TRAY	20626500000	1 sandwich	208	96	49	11	5	0	25	558	0	4	828	2	28	2
CRUNCHY CHINESE SALAD	20079700000	4 oz.	164	67	13	7	1	0	13	345	2	7	1127	2	36	1
CS GREEN BEANS 16OZ	20486400000	4 oz.	73	35	15	4	2	0	9	454	2	2	83	4	34	1
DEVILED EGG SALAD LB	20132400000	2.5 oz.	150	113	32	13	4	0	232	301	0	0	370	0	48	1
EGGPLANT PARMESAN TORTA	20973000000	1 slice	402	234	126	26	14	0	35	859	5	5	1499	15	250	2
EGGPLANT ROLLANTINI	20972800000	1 Rollantini	313	152	67	17	7	0	37	412	1	2	423	0	370	1
FARFALLE ALLA CARBONARA CON PO	20392600000	1 order	1259	643	226	71	25	1	144	2169	8	10	607	9	440	5
FETTUCINI ALFREDO	20899900000	1 order	821	348	118	39	13	1	51	939	5	7	309	0	259	4
FLAME ROASTED CORN PEPPER	20831200000	4 oz.	116	36	0	4	0	0	0	199	5	11	997	16	0	1
FRENCH FRIES SM	20633600000	1 portion	351	208	31	23	3	0	0	466	3	0	0	4	0	1
FRESH FRUIT WITH BERRIES	20867900000	1/2 Cup	49	2	0	0	0	0	0	9	2	9	852	38	13	0
FRESH MADE GUACAMOLE 16OZ	20373000000	2 oz.	75	53	8	6	1	0	0	51	3	0	112	8	6	0
FRESH TOMATO SALSA	20064800000	2 oz.	17	5	0	1	0	0	0	120	1	2	204	8	15	0
FRIED BURRITOS	20815900000	1 Burrito	623	428	101	48	11	0	20	688	3	0	747	5	60	4
FRIED CHICKEN BREAST	20814600000	1 Breast	551	341	64	38	7	0	97	1428	1	0	151	3	29	3
FRIED CHICKEN DRUMSTCKS	20814400000	1 Drumstick	184	114	21	13	2	0	32	476	0	0	50	1	10	1
FRIED CHICKEN THIGHS	20814500000	1 Thigh	317	211	36	23	4	0	49	715	0	0	75	1	14	1
FRIED CHICKEN WINGS	20814700000	1 Wing	115	76	13	8	1	0	18	259	0	0	27	1	5	0
FRIED CORNDOGS	20816000000	1 corn dog	449	276	58	31	6	0	25	813	2	5	0	0	20	1
FRIED OKRA 16OZ	20489200000	3 oz.	143	82	9	9	1	0	0	348	2	2	89	3	36	1
FRUIT & COLBY CHEESE TRAY	22412100000	1 container	476	293	145	33	16	0	100	565	4	28	876	101	637	1
FRUIT N CHEESE SNACKER	20625500000	4 oz.	226	141	90	16	10	0	50	256	1	6	1294	14	414	0
GARLIC PARMESAN STACKS	20127300000	8 oz.	429	269	154	30	17	0	65	658	2	1	1045	9	339	1
GARLIC RSTD ASPARAGUS	20375000000	4 oz.	53	26	4	3	0	0	0	317	2	2	823	6	26	2
GEN TSO BNLS WINGS HOT	20994800000	1 wing	120	62	11	7	1	0	11	209	0	4	0	0	0	0
GRAB N GO CARROT W DIP	21418400000	1 container	183	65	9	7	1	0	5	456	5	15	3519	21	84	4
GRAB N GO GRPE W CHSE	24446200000	1 container	378	181	90	20	10	0	62	350	2	35	643	7	392	1
GRAB N GO STRAW SHRTCAKE	23438800000	1 container	323	65	60	7	7	0	24	309	4	53	24	117	32	2
GRAB N GO STRWBRY W/DIP 7OZ	21418900000	1 container	177	40	27	4	3	0	20	122	4	22	0	133	30	1
GRAPE & PNAPPL TRAY W/DIP 8OZ	22464100000	1 container	201	43	26	5	3	0	19	117	4	37	69	93	33	1
GRAPE CHICKEN SALAD	20867000000	3 oz.	198	137	16	15	2	0	25	255	1	5	61	1	21	0
GRAVY	20586000000	4 oz.	107	61	20	7	2	3	0	590	0	2	0	0	0	1
GREEK COUNTRY SALAD	3621	2 oz.	56	40	11	4	1	0	6	101	0	1	221	7	47	0
GREEN BEANS	20869500000	4 oz.	34	0	0	0	0	0	0	97	2	2	406	19	45	1
GREEN BEANS AMANDINE	20497100000	4 oz.	131	73	10	8	1	0	0	256	3	8	240	9	54	1
GREEN CHILE & CHK QUESADILLA	20485600000	1 Quesadilla	458	167	87	19	10	0	77	1057	2	1	484	14	280	3
GREEN CHILE PESTO CHICKEN	20387700000	1 breast	730	460	152	51	17	0	119	1723	2	3	1881	20	923	3
GREEN CHILE PORK LB	20458400000	4 oz.	173	66	18	7	2	0	65	778	1	2	81	12	16	2
GREEN CHILI CHEDDAR CHEESE BALL	20361100000	2 oz.	214	173	80	19	9	0	47	238	1	0	518	5	183	0
GRILLED CHICKEN ALFREDO	20422600000	8 oz.	464	316	105	35	12	1	76	1015	2	6	284	1	186	1
GRILLED CHICKEN BREAST	20610400000	4 oz.	162	73	18	8	2	0	66	486	0	1	91	1	15	1
GRILLED CHICKEN MEAL - COLD	20963000000	1 meal	541	245	84	27	9	0	144	1888	2	4	1270	48	59	2
GRILLED LEMON CHICKEN	20388000000	1 breast	134	19	4	2	0	0	77	848	0	3	2437	7	28	1
GRILLED LOBSTER CAKES	20964300000	1 cake	180	108	18	12	2	0	20	710	0	2	200	5	100	0
GRILLED PINEAPPLE W/SWT CHILE	20290800000	3 oz.	68	1	0	0	0	0	0	78	1	13	87	25	9	0
GRILLED SALMON MEAL - COLD	20963100000	1 meal	436	213	37	24	4	0	73	1579	3	6	640	13	63	2
GRILLED VEGETABLES	20581400000	4 oz.	100	70	9	8	1	0	0	338	1	5	546	28	12	0
GRN CHILE CHKN FLATBREAD PIZZA	20491900000	1/4 pizza	342	195	95	22	11	0	48	885	1	2	352	10	336	1
GRN CHILI TURKEY BURGER	20467500000	1 burger	569	257	73	29	8	0	132	834	8	5	3856	31	190	5
HAM & CHEDDAR BRKFST GRILLER	20132200000	1 sandwich	561	175	80	19	9	0	89	1887	3	2	516	28	351	5
HAM SALAD	3624	2 oz.	155	134	31	15	3	0	19	339	0	1	63	5	3	0
HAM& RSTD PPR BREAKFAST PIZZA	20483900000	1 slice	458	165	73	18	8	0	130	973	2	3	725	9	320	1
HAM/ROTINI SALAD	3622	2 oz.	100	73	18	8	2	0	7	275	1	1	248	4	40	0
HATCH CHILE TOMATILLO SALSA	20609900000	2 oz.	18	4	0	0	0	0	0	146	1	2	187	13	4	0
HERBED BUTTERMILK DRESSING	3566	2oz.	268	247	41	27	5	0	18	239	0	2	96	0	49	0

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HOLIDAY GRAPES	20499600000	2 oz.	128	69	29	8	3	0	15	48	1	12	177	2	16	0
HOT POT ROAST	20603400000	7 oz.	252	144	48	16	5	0	62	564	2	2	621	16	20	3
HOUSE SMOKED TURKEY BREAST	20844700000	6 oz.	204	82	20	9	2	0	83	1023	0	2	0	0	32	2
INDIVIDUAL CHICKEN POT PIE	20498300000	1/2 Pie	548	299	73	33	8	13	33	708	2	5	195	5	57	2
INSALATA CAPRESE	20213700000	3 oz.	129	92	52	10	6	0	27	78	1	1	643	5	143	0
ITALIAN BREAKFAST CIABATTA	20195300000	1 sandwich	625	251	99	28	11	0	420	1788	2	1	746	22	118	5
ITALIAN MEAT TORTA	20125700000	1 slice	503	315	162	35	18	0	55	1039	2	3	2248	12	250	3
ITALIAN SAUSAGE PEPPER FLATBREAD	20490200000	1/4 pizza	337	186	79	21	9	0	50	747	1	2	519	2	339	2
ITALIAN SAUSAGE & PEPPER PIZZA	20490100000	1/8 pizza	490	208	79	23	9	0	50	927	3	3	704	18	325	1
JALAPENO CHEDDAR SAUSAGE WRAP	20415500000	1 wrap	577	332	111	37	12	0	69	1736	1	0	249	3	0	3
JEWEL RSTD VEGGIES	20054000000	4 oz.	112	32	3	4	0	0	0	189	4	6	1097	34	178	2
JICAMA CUT W/TAJIN 8OZ	25591500000	1 container	130	2	1	0	0	0	0	1835	14	5	60	107	34	2
KALE BEET SALAD SC	20695600000	4 oz.	242	92	26	10	3	0	6	782	3	22	2268	31	91	1
LARGE SPAGHETTI W/SAUCE	20876800000	1 order	1367	514	202	57	22	0	111	2450	13	15	6705	40	528	10
LATIN STYLE SHRIMP COCKTAIL	20289900000	4 oz.	102	50	5	6	1	0	56	791	1	2	114	11	17	0
LEMON BASIL SALMON	20906400000	6 oz.	300	167	33	19	4	0	94	1253	0	0	433	7	25	1
LW BANANA ROLLUPS	20377900000	1 rollup	541	203	26	23	3	0	0	339	17	27	62	33	47	1
LW VEGGIE MIGAS	20378000000	4 oz.	105	47	7	5	1	0	2	224	2	4	462	8	29	0
MACARONI & CHEESE	20869900000	4 oz.	230	120	72	13	8	0	40	623	1	3	890	0	178	1
MAGHERITA FLATBREAD	20391300000	1/4 pizza	214	95	48	11	5	0	24	874	1	2	679	5	200	2
MAHOGANY CHICKEN	20480800000	1 breast	363	87	5	10	1	0	53	999	4	36	41	0	10	1
MARKET BLEND VEGGIES	20869000000	4 oz.	94	68	42	8	5	0	20	397	1	2	880	42	26	1
MARKET BURGER	20632300000	1 Burger	811	466	155	52	17	0	151	1319	2	11	1476	10	90	6
MARKET VEGGIE PIZZA	20490300000	1/8 pizza	430	155	65	17	7	0	30	733	3	5	1851	11	322	1
MASHED POTATOES 4OZ	20487800000	4 oz.	154	73	22	8	2	0	8	559	2	2	81	7	32	0
MASHED POTATOES COLD	20326600000	4 oz	153	73	22	8	2	0	8	557	2	2	81	7	32	0
MEATBALL FLATBREAD	20490700000	1/4 pizza	318	172	84	19	9	0	46	768	1	1	532	1	345	2
MEATBALL PIZZA	20490600000	1/8 pizza	475	200	87	22	10	0	47	919	2	2	508	1	331	1
MEDITERRANEAN FLATBREAD PIZZA	20491700000	1/4 pizza	322	176	73	20	8	0	33	890	2	3	1229	30	330	2
MENUDO 16OZ	20065700000	16 oz.	174	62	20	7	2	0	162	1266	3	1	581	2	108	2
MEXICAN SHRIMP COCKTAIL	20996900000	4 oz.	40	8	1	1	0	0	42	378	1	2	396	18	19	0
MINI TURKEY MEATLOAF	20497400000	8 oz.	399	214	61	24	7	0	105	941	3	6	2021	9	59	3
MOHO ROJO PORK	20074200000	6 oz.	191	59	10	7	1	0	74	945	2	2	72	5	34	2
MOZZ & PROSCUITTO CHICKEN	20972900000	1 breast	528	204	58	23	6	0	162	1247	2	2	486	8	243	2
MS 16" CHEESE PIZZA	20627600000	1 slice	389	154	73	17	8	0	40	696	2	2	550	1	352	1
MS BACON EGG CHS BISCUIT	20072800000	1 biscuit	699	445	179	49	20	5	354	2183	1	3	575	0	135	2
MS CHEESE FLATBREAD	20490900000	1/4 pizza	299	156	84	17	9	0	46	672	1	1	659	1	420	1
MS ITALIAN SAUS 16" PIZZA	20627700000	1/8 pizza	461	224	75	25	8	0	45	763	2	2	404	1	275	1
MS PEPPERONI 16" PIZZA	20627500000	1 slice	454	186	82	21	9	0	43	950	2	2	530	1	302	1
MS PRIMO 16" PIZZA	20627400000	1/8 Pizza	621	283	109	31	12	0	66	1507	3	4	652	10	360	2
MS SAUSAGE BALLS	20457300000	1 Sausage Ball	179	136	51	15	6	0	40	393	0	0	103	0	31	1
MS SAUSG EGG CHS BISCUIT	20072700000	1 sandwich	885	525	175	58	19	8	373	2364	1	5	678	0	144	4
MS VEGETABLE RUSTICA PIZZA	20595200000	1 slice	289	54	10	6	1	0	4	591	4	4	1675	32	61	2
MS VEGGIE FLATBREAD	20490400000	1/4 pizza	261	123	63	14	7	0	30	596	1	3	1424	8	332	2
MUSHROOM & HERB STUFFED BRIE	20362300000	3 oz.	212	160	103	18	11	0	39	517	0	0	539	0	337	0
MSTD GLZD BRUSSEL SPROUTS W/BCN	20744400000	4 oz.	88	34	14	4	2	0	8	432	3	5	451	40	181	1
NAVAJO CHICKEN WRAP	20061300000	1 wrap	569	243	52	27	6	0	49	1712	6	8	4065	22	148	3
OKRA/ TOMATOES 16OZ	20489600000	4 oz.	41	0	0	0	0	0	0	454	2	5	45	14	45	0
ORANGE BONELESS WINGS HOT	20673000000	1 wing	89	45	6	5	1	0	7	257	0	2	0	0	5	0
ORECCHIETTA CON POLLO	20392300000	1 order	888	333	64	37	7	0	53	1822	8	12	4969	32	126	5
ORIG SUPER SPUDS-DBL	20005000000	1 potato	1216	488	236	54	26	0	197	2123	9	9	2449	61	836	7
ORIGINAL SPUDS	20859000000	1 potato	887	567	264	63	29	0	87	1235	4	4	2856	27	367	3
ORIGINAL SWEET SUPER SPUD	20410700000	2 ounces	144	9	2	1	0	0	0	295	1	1	0	1	0	3
PECAN CRUSTED TROUT	20941300000	1 fillet	350	207	41	23	5	0	85	420	2	2	100	2	100	1
PENNE DOLCELATTE	20392500000	1 Order	1013	482	160	54	18	1	64	1616	10	8	4500	101	362	11
PEPPERED HAM/CHEDDAR CHKN	20035400000	1 breast	340	83	36	9	4	0	164	655	0	1	239	3	156	2
PEPPERONI FLATBREAD	20490500000	1/4 pizza	303	163	81	18	9	0	43	814	1	1	555	1	319	1
PEPPERONI PIZZA STIX	20652500000	1 stick	347	195	13	22	1	0	20	470	2	3	300	0	140	2
PESTO CHICKEN	20390800000	8 oz.	335	144	27	16	3	0	111	388	0	2	297	43	73	2
PHILLY CHEESE STEAK	20429000000	1 Sandwich	1181	637	290	71	32	0	215	1734	4	7	584	67	131	7
PICA DE GALLO FRESH	20830100000	2 oz.	16	0	0	0	0	0	0	125	0	0	203	15	0	0
PICNIC PASTA SALAD	20289400000	4 oz.	313	252	61	28	7	0	19	884	1	3	254	10	15	1
PINEAPPLE CHERRY FLUFF	20744700000	4 oz.	247	87	45	10	5	0	13	59	1	31	175	6	109	0
PINWHEEL SNACKER TRAY	20625200000	2 pinwheels	184	93	53	10	6	0	35	557	1	1	969	2	71	1
POLLO TORTELLINI SALAD	3559	2 oz.	106	51	15	6	2	0	16	294	0	1	298	11	50	1

Deli/Food Service Cont.	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Diet Fiber (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
PORK AU POIVRE	20497600000	1 pork chop	369	165	59	18	7	0	109	2448	1	3	26	5	23	2
PORK TAMALE 6PK HOT	20062500000	2 tamales	302	126	27	14	3	0	40	700	2	14	800	0	200	2
PORTABELL MOZZARELLA STACKS	20524900000	1 stack	312	228	92	25	10	0	42	425	2	6	1138	11	225	1
PORTABELLA GOAT CHS FLTBRD	20391400000	1/4 Pizza	323	179	84	20	9	0	43	624	1	2	599	35	358	2
POT ROAST W/VEGETABLES	20603500000	7 oz.	305	199	66	22	7	0	86	754	1	1	331	10	12	3
POTATO/EGG/CHEESE BURRITO	20877400000	1 burrito	526	245	124	27	14	0	244	1036	2	0	818	0	445	3
PRIME RIB PER LB	20593900000	8 oz.	394	123	46	14	5	0	136	559	0	0	1	0	47	4
PRIMO FLATBREAD	20490800000	1/4 pizza	302	194	97	22	11	0	57	942	1	2	653	8	359	1
PSPAGHETTI FOR KIDS	20392800000	1 order	299	50	12	6	1	0	0	435	5	7	3175	19	36	2
QUICHE LORRAINE	20868800000	1/6 quiche	362	211	108	23	12	3	212	1015	1	9	383	2	240	1
RED CHILE HONEY MUSTARD	3558	2 oz.	344	297	40	33	4	0	15	183	0	10	60	0	0	0
ROASTED NEW POTATOES	20004200000	4 oz.	99	20	3	2	0	0	0	113	2	1	9	22	12	1
ROSEMARY GRLC FLANK STK	20497200000	6 oz.	388	202	45	22	5	0	65	669	4	1	1	0	25	3
RUEBEN	20632700000	1 sandwich	506	178	84	20	9	0	90	2611	5	2	437	7	517	4
RUSTIC ITALIAN VEGETABLES	20604400000	4 oz.	49	23	3	3	0	0	0	382	2	2	334	26	18	1
SALMON BOW TIE PASTA	3556	2 oz.	175	124	9	14	1	0	0	152	1	1	113	2	7	1
SALMON CAKES	20291200000	1 cake	307	211	49	23	5	0	71	919	2	3	940	17	83	2
SALSA CON CILANTRO	20930100000	3 oz.	495	196	0	22	0	0	0	7683	17	36	9747	198	595	9
SALSA DE BOTANERA	20634700000	3 oz.	7	1	0	0	0	0	0	144	0	1	209	4	4	0
SALSA VERDE NORTENA	20825200000	2 oz.	15	0	0	0	0	0	0	529	0	2	567	7	0	0
SALT & VNGR BONE IN WINGS HOT	20673100000	1 wing	103	70	17	8	2	0	24	291	0	0	0	0	0	0
SAUSAGE BISCUIT	20900500000	1 sandwich	720	418	127	46	14	8	81	1924	1	5	101	0	20	3
SAUSAGE CHEESE CROISSNT	20846700000	1 croissant	777	514	224	57	25	0	130	1388	2	6	1071	4	119	5
SAUSAGE EGG CHS BISCUIT	20870400000	1 sandwich	900	470	162	52	18	9	341	2237	1	4	667	1	176	5
SAUSAGE STUFFED MUSHROOMS	20109600000	2 mushrooms	216	148	52	16	6	0	51	1236	1	2	157	12	125	1
SAUSAGE/EGG/POTATO/CHS BURRITO	20043600000	1 burrito	583	299	124	33	14	0	254	1213	2	0	516	0	242	4
SAUSAGE-EGG-CHEESE BURRITO	20043400000	1 burrito	566	319	130	35	14	0	346	1278	1	0	621	0	262	4
SAUTEED SEASONED KALE	20660200000	4 oz.	162	131	14	15	2	0	0	914	2	2	1021	56	122	1
SEAFOOD SALAD	20554600000	3 oz.	167	108	24	12	3	0	40	426	0	2	126	0	77	0
SEASONED CHICKEN LB	20457000000	4 oz.	145	41	10	5	1	0	69	524	0	1	0	0	0	1
SHEPPARDS PIE	20301400000	1/2 pot pie	584	340	99	38	11	7	56	1087	3	6	299	10	60	3
SHREDDED BEEF LB	20458300000	4 oz.	244	158	55	18	6	0	68	419	0	3	0	0	0	2
SHRIMP ALLA DIAVOLA	20392400000	1 order	730	182	32	20	4	0	188	1934	8	11	4797	29	108	5
SKILLET CORNBREAD	20445900000	3 oz.	221	64	28	7	3	0	31	362	2	13	157	4	126	1
SLICED BACON	20584500000	1 slice	112	89	38	10	4	0	21	369	0	0	0	0	0	0
SLICED SMOKED BRISKET	20813600000	1/3 lb.	396	304	128	34	14	0	98	871	0	0	356	0	0	2
SMOKED CHICKEN SALAD	20495700000	4 oz.	365	308	51	34	6	0	57	627	1	1	0	1	19	1
SMOKED LEG QUARTER HOT	20810300000	1 quarter	635	459	131	51	15	0	240	1963	1	5	427	3	59	2
SMOKED PORK RIBS	20813900000	1/3 lb.	419	317	120	35	13	0	116	414	0	1	47	0	48	0
SMOKED SAUSAGE	20814000000	1/3 lb.	345	239	95	27	11	0	93	1272	0	0	0	0	53	2
SMOKED TURKEY LEG	20832700000	1 Leg	961	216	72	24	8	0	720	1921	0	0	0	0	160	9
SMOKY GOUDA & SCALLION CHS LOG	20361400000	2 oz.	213	170	89	19	10	0	48	435	1	0	501	0	104	0
SMOTHERED GOUDA CHOPPED STK	20497700000	1 steak	437	278	123	31	14	0	113	1346	1	4	203	2	127	3
SONOMA CHICKEN QUESADILLA	20480100000	1/2 quesadilla	327	221	94	25	10	0	68	745	4	2	473	7	228	1
SOUTHERN STYLE FRIED FISH LB	20284100000	5 oz.	163	46	4	5	0	0	55	772	0	0	0	0	0	0
SPAGHETTI & ITALIAN MEATBALLS	20388400000	14 oz.	689	410	173	46	19	0	92	2185	7	14	6398	38	539	4
SPAGHETTI W/MEATBALLS	20885400000	1 order	1170	549	182	61	20	0	95	2076	11	15	6537	40	279	8
SPANISH STYLE RICE	20074000000	4 oz.	135	3	1	0	0	0	0	578	2	0	0	0	18	1
SPICY CHICKEN FLATBREAD	20491200000	1/4 pizza	302	155	74	17	8	0	54	777	1	2	679	5	321	1
SPICY CHICKEN PIZZA	20491300000	1/8 pizza	401	185	79	21	9	0	62	917	1	2	804	5	306	1
SPICY CRUSTED CHICKEN	20390300000	8 oz.	278	42	10	5	1	0	95	361	2	5	183	3	153	2
SPICY SPAGHETTI SALAD	20614600000	2 oz.	115	75	14	8	2	0	6	363	1	1	138	8	5	0
SPICY STEAMED BROCCOLINI	20418000000	4 oz.	101	61	6	7	1	0	0	205	3	2	8	102	48	1
SPINACH LASAGNA ROLLS	20387900000	1 Roll	230	90	54	10	6	0	30	460	0	1	400	0	350	1
SPNCH & ARTCKE STFFD CHICKEN	20341400000	7 oz.	272	140	40	16	4	0	68	702	1	2	1164	19	131	2
SPRING VEGETABLE BLEND	20341900000	4 oz.	68	18	3	2	0	0	0	344	3	3	657	17	62	5
SQUASH W/SUNDRIED TOMATOES 1LB	20306300000	4 oz.	76	33	5	4	1	0	0	202	2	2	530	16	24	7
STEAK HOUSE POTATO BAKES	20498700000	1 each	484	235	119	26	13	0	91	609	5	3	1408	4	180	3
STRWBRY CUP W/CHOC DIP 8OZ	21805200000	1 container	100	20	0	2	0	0	0	47	9	27	27	133	334	2
STRWBRY, APL, CHS W/CRCKRS 10OZ	22463500000	1 container	505	317	141	35	16	0	92	767	4	15	774	50	574	1
STUFFED BAKED POTATOED	20867400000	1 potato	403	90	40	10	4	0	21	418	5	3	243	23	64	3
SUMMER ASPARAGUS STIRFRY	20965000000	4 oz.	73	48	7	5	1	0	2	204	2	3	1577	64	7	1
SUMMER BOW TIE PASTA	20291000000	4 oz.	176	117	20	13	2	0	0	342	2	3	463	29	11	1
SWEET CORNBREAD	20194300000	1 muffin	196	72	14	8	2	0	30	210	1	13	100	0	20	1
TABBOULEH	3550	2 oz.	43	30	4	3	0	0	0	224	1	1	868	15	13	0

Deli/Food Service Cont.	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Diet Fiber (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
TEJAS ROASTED SALMON	20422900000	6 oz.	262	121	24	13	3	0	73	346	0	10	64	20	25	1
TENDER BAKE BREAST	20474200000	1 Breast	302	186	50	21	6	0	95	1972	0	0	159	0	32	1
TENDER BAKE DRUMSTICK	20474000000	1 drumstick	99	67	18	7	2	0	43	647	0	0	13	0	5	0
TENDER BAKE THIGH	20474100000	1 Thigh	182	122	33	14	4	0	79	1183	0	0	24	0	8	1
TENDER BAKE WINGS	20474300000	1 Wing	68	42	11	5	1	0	21	444	0	0	36	0	7	0
TERIYAKI BONE IN WINGS HOT	20650400000	1 wing	117	70	16	8	2	0	24	344	0	3	44	0	0	0
THAI NOODLE SALAD	20079800000	4 oz.	229	80	7	9	1	0	0	332	2	7	324	10	32	1
TOMATO 7CUCUMBER SALAD	3577	2 oz.	63	53	4	6	0	0	0	119	1	1	260	4	10	0
TORTELLINI SALAD	3636	2 oz.	100	47	16	5	2	0	11	330	1	1	312	11	41	1
TORTILLA CRUSTED TILAPIA	20922300000	1 fillet	254	91	18	10	2	0	61	609	1	2	254	0	20	1
TRKY MTBLLS POMODORO	20524500000	4 oz.	136	57	15	6	2	0	36	472	2	4	1765	10	30	1
TROPICAL FRUIT TRAY 10OZ	21471900000	1 container	132	9	0	1	0	0	0	5	6	28	886	172	57	1
TURKEY CLUB SANDWICH	20428300000	1 sandwich	979	487	206	54	23	0	162	2384	4	12	2429	15	529	4
TURKEY MEATBALLS IN MARINARA	20478100000	4 oz.	164	86	25	10	3	0	36	465	2	4	1750	10	31	1
TURKEY MEATLOAF	20068100000	8 oz.	318	128	34	14	4	0	108	967	3	6	2004	9	52	3
TURKEY MEATLOAF MEAL - COLD	20963800000	1 meal	651	294	72	33	8	0	116	1999	9	19	3912	35	156	4
ULTIMATE HAM & CHS	20467700000	1 sandwich	963	514	171	57	19	0	81	2844	3	14	1007	16	185	4
VEGETABLE CUP W/RANCH 8OZ	21806000000	1 container	165	68	10	8	1	0	5	355	6	9	12370	114	81	3
WATERMELON BLUEBERRY SALAD	20290900000	4 oz.	64	2	0	0	0	0	0	1	1	14	468	9	8	0
WHIPPED SWEET POTATOES	20203900000	4 oz.	200	51	10	6	1	0	0	113	3	17	18645	20	90	1
WHITE CHEDDAR BURGER	20632400000	1 burger	963	583	220	65	24	0	194	1177	2	10	1611	5	375	5
WHITE PIZZA	20491100000	1/8 pizza	399	154	54	17	6	0	25	664	2	3	451	22	199	1
WHITE PIZZA FLATBREAD	20491000000	1/4 pizza	232	120	52	13	6	0	24	381	1	1	364	19	200	1
WING STINGER HOT	20994500000	1 wing	98	63	16	7	2	0	39	302	0	0	0	0	0	0
YOGURT PARFAIT	20058600000	1 parfait	354	87	0	10	0	0	4	97	7	20	751	30	245	1
ZESTY BONE IN WINGS HOT	20973800000	1 wing	112	67	1	7	0	0	29	423	0	0	0	0	0	0
ZITI & PEPPERONI Salad	3547	2 oz.	59	18	3	2	0	0	1	94	1	1	243	9	18	0

## Produce

APPLE & CELERY TRAY W/PNT BTR	22463000000	1 container	386	199	31	22	3	0	0	248	9	22	491	3	64	1
APPLE & CHSE TRAY W/DIP 8OZ	22463900000	1 container	580	309	153	34	17	0	93	601	5	37	848	1	566	0
BROC/CRT/CAUL TRAY W/DIP 8OZ	22462900000	1 container	174	69	10	8	1	0	5	369	6	10	14738	122	89	3
BROC/CRT/CAUL TRY W/HUMS 8OZ	22463600000	1 container	234	105	15	12	2	0	0	361	9	7	14738	122	88	2
BROC/CRT/CLRY TRY W/HUMS 8OZ	22463400000	1 container	227	104	14	12	2	0	0	403	9	7	15120	84	103	2
BROC/CRT/SGR SNP TRY W/DP 8OZ	22463100000	1 container	179	69	10	8	1	0	5	349	7	11	15325	91	101	4
BROC/CRT/TOM TRAY W/DIP 8OZ	22463300000	1 container	168	68	10	8	1	0	5	348	6	11	15447	93	79	3
BROC/CRT/TOM TRY W/HUMS 8OZ	22463800000	1 container	228	105	14	12	2	0	0	340	9	8	15446	93	78	2
CELERY CUP W/PNT BTR 8OZ	21467200000	1 container	224	134	22	15	2	0	0	323	6	6	1146	8	115	1
CUCUMBER CUP W/TAJIN 8OZ	25591600000	1 container	62	3	1	0	0	0	0	1829	1	5	298	57	45	1
CUCUMBR, CARRT, CHS W/DIP	21805800000	1 container	469	331	143	37	16	0	97	835	3	8	15037	7	598	2
DATES,GRAPES, CHSE AND CRCKR	21805500000	1 container	790	321	140	36	16	0	90	813	6	70	898	3	601	2
FRESH SQZD GRPFRJ JUICE 16OZ	21611200000	1 container	191	6	1	1	0	0	0	0	7	31	5216	142	100	0
FRESH SQZD MANDARIN JUICE 16OZ	21611400000	1 container	240	13	2	1	0	0	0	9	8	48	3089	121	168	1
FRESH SQZD ORANGE JUICE 16OZ	21611000000	1 container	204	8	1	1	0	0	0	5	0	38	907	227	50	1
FRUIT & CHOC DIP TRAY 8OZ	22412000000	1 container	204	18	1	2	0	0	0	48	8	41	114	84	331	2
GRAB N GO APPLE W/DIP 6OZ	21419000000	1 container	296	56	27	6	3	0	0	111	5	44	48	2	14	0
GRAB N GO APPLES W/CHS	25441600000	1 container	351	180	89	20	10	0	62	347	5	24	557	0	386	0
GRAB N GO CELERY W/DIP 6OZ	21416000000	1 Container	130	66	10	7	1	0	5	461	4	6	1146	8	104	2
GRAB N GO PNAPLE W DIP	21419100000	1 container	242	43	27	5	3	0	20	122	4	37	8	122	33	1
GRAPES,STWBRY,CHS W/ GRANOLA	21805300000	1 container	563	265	104	29	12	0	65	454	10	31	587	55	435	2
INFUSED CUCMBR MNT WTR 15.2OZ	22446300000	1 container	11	1	0	0	0	0	0	2	1	1	240	3	19	0
INFUSED CUCUMBR WTR 15.2OZ	22446100000	1 container	9	1	0	0	0	0	0	1	0	1	60	2	9	0
INFUSED CUMBR LIME WTR 15.2OZ	22446200000	1 container	22	1	0	0	0	0	0	2	1	1	74	10	18	0
INFUSED LIME MINT 15.2OZ	22446700000	1 container	16	1	0	0	0	0	0	2	1	0	195	10	20	0
INFUSED LMN GINGR 15.2OZ	22446600000	1 container	16	1	0	0	0	0	0	1	1	1	9	23	12	0
INFUSED LMN MINT WATER 15.2OZ	22446000000	1 container	15	2	0	0	0	0	0	2	2	1	190	24	21	0
INFUSED LMN RSMRY WTR 15.2OZ	22445900000	1 container	18	3	1	0	0	0	0	2	2	1	134	23	25	1
INFUSED ORGN MINT WTR 15.2OZ	22446400000	1 container	48	2	0	0	0	0	0	2	0	8	379	51	21	0
INFUSED WTRMLN MNT 15.2OZ	22446500000	1 container	27	1	0	0	0	0	0	2	1	4	584	7	15	0
KIWI APPLES CHEESE W/ GRANOLA	21805400000	1 container	816	379	149	42	17	0	92	649	15	35	868	79	623	2
MIXED FRUIT SALAD TRAY 15OZ	22437600000	1 container	241	10	1	1	0	0	0	24	9	45	2138	110	57	2
PARFAIT APPLE CINNAMON	24745400000		551	87	19	10	2	0	5	192	12	57	1086	0	279	2
PARFAIT GREEK MIXED BERRY	21708500000	1 container	429	75	10	8	1	0	11	193	13	39	750	56	394	2
PARFAIT STRAW BLUEBERRY	23744600000	1 container	471	88	19	10	2	0	5	191	9	47	1025	53	238	2
PARFAIT STRAW MANGO	24745900000	1 container	489	88	19	10	2	0	5	191	9	51	1619	54	238	2



# Nutritional Information



Produce Cont.	Item Number	Serving Size	Calories	Calories from Fat	Calories from Sat Fat	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Cholest (mg)	Sodium (mg)	Diet Fiber (g)	Sugar (g)	Vitamin A	Vitamin C	Calcium (mg)	Iron (mg)
PRSNL BROCCOLI, CARROT, CELERY W/DIP	24420800000	1 container	167	68	10	8	1	0	5	412	6	10	15120	84	104	3
PRSNL GRAPE, P/A, STRWBERRY W/DIP	24420900000	1 container	204	45	27	5	3	0	20	123	4	37	114	84	33	1
PINEAPPLE CUT W/TAJIN 8OZ	25591300000	1 container	182	0	0	0	0	0	0	1823	5	28	253	216	51	1
RP HUMMIUS, CRKRS W/VEG 8OZ	22412900000	1 container	355	162	24	18	3	0	0	690	7	7	14590	8	63	2
SNAP PEAS,CARROT,CHSE W/DIP	21805700000	1 container	483	332	143	37	16	0	97	839	5	10	15535	15	616	3
TOM, SNAP PEAS, CHS W/CRCKR 8OZ	21805600000	1 container	518	322	140	36	16	0	90	820	3	7	1981	21	579	2
TOMATOES, BROCCOLI, CHEESE W/DIP	22463200000	1 container	466	333	143	37	16	0	97	807	3	7	1978	88	605	3
TROPICAL FRUIT TRAY W/DIP 8OZ	22464200000	1 container	245	46	26	5	3	0	19	118	5	39	997	150	49	1
WATERMELON CUP W/TAJIN 8OZ	25591200000	1 cup	116	4	0	0	0	0	0	1826	1	18	1613	72	20	1